[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&frm=1&source=images&cd=&cad=rja&uact=8&docid=_zyi62n-rrqbkM&tbnid=RkzWwRYo7IprLM:&ved=0CAUQjRw&url=http://www.michaelhartzell.com/Blog/bid/81760/Sunshine&ei=GG17U8z8IMWHoQSI2oBA&bvm=bv.67229260,d.cGU&psig=AFQjCNEbwU_XHF0H9LHRf0-FaLVNrlWGXA&ust=1400684162769087)**WEEK 1 MENU**

***Monday***

A.M. –Rice Krispies, fruit, & milk

P.M. - Taco salad, & milk

***Tuesday***

A.M. –English muffins, fruit, & milk

P.M. –Cheese, crackers, apples & water

***Wednesday***

A.M. - Yogurt, multi-grain Cheerio’s, & berries

P.M. –Fruity cereal bar & milk

***Thursday***

A.M. –Whole-wheat toast, fruit, & milk

P.M. –Pudding, fruit & water

***Friday***

A.M. –Apple sauce, graham wafers & milk

P.M. –Cheese pizza & water

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&frm=1&source=images&cd=&cad=rja&uact=8&docid=_zyi62n-rrqbkM&tbnid=RkzWwRYo7IprLM:&ved=0CAUQjRw&url=http://www.michaelhartzell.com/Blog/bid/81760/Sunshine&ei=GG17U8z8IMWHoQSI2oBA&bvm=bv.67229260,d.cGU&psig=AFQjCNEbwU_XHF0H9LHRf0-FaLVNrlWGXA&ust=1400684162769087)**WEEK 2 MENU**

***Monday***

A.M. –Mini Wheats, fruit, & milk

P.M. –Fruit platter, grahamcrackers & milk

***Tuesday***

A.M. –English muffins, fruit, & milk

P.M. –Garlic cheese bread, carrots, water

***Wednesday***

A.M. - Yogurt, multi-grain Cheerio’s, & berries

P.M. – Oatmealbar, fruit & milk

***Thursday***

A.M. – Whole-wheat toast, fruit, & milk

P.M. –Nachos, cheese, salsa & water

***Friday***

A.M. - Apple sauce, graham wafers, & milk

P.M. –Bannock, fruit & milk

[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&frm=1&source=images&cd=&cad=rja&uact=8&docid=_zyi62n-rrqbkM&tbnid=RkzWwRYo7IprLM:&ved=0CAUQjRw&url=http://www.michaelhartzell.com/Blog/bid/81760/Sunshine&ei=GG17U8z8IMWHoQSI2oBA&bvm=bv.67229260,d.cGU&psig=AFQjCNEbwU_XHF0H9LHRf0-FaLVNrlWGXA&ust=1400684162769087)**WEEK 3 MENU**

***Monday***

A.M. –Corn Flakes, fruit, & milk

P.M. – Veggies, dip, crackers & water

***Tuesday***

A.M. – English muffins, fruit, & milk

P.M. –Tossed salad, goldfish & milk

***Wednesday***

A.M. - Yogurt, Multi-grain Cheerio’s, & berries

P.M. –Spiced pumpkin cookies, fruit & milk

***Thursday***

A.M. – Whole-wheat toast, fruit, & milk

P.M. –Trail mix & milk

***Friday***

A.M. - Apple sauce, graham wafers & milk

P.M. - Cheese biscuits, apples & water